



## My Smoothie Journal

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By Speedy Publishing LLC

Speedy Publishing LLC, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This is the perfect Smoothie journal to record all your smoothie recipes, ingredients used and methods. Especially essential for those on a Smoothie Diet.



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