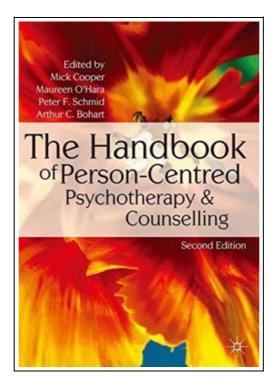
# The Handbook of Person-Centred Psychotherapy and Counselling



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#### THE HANDBOOK OF PERSON-CENTRED PSYCHOTHERAPY AND COUNSELLING



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Condition: New. Publisher/Verlag: Macmillan Education | This new edition of a highly successful text offers a wide-ranging, comprehensive introduction to the key concepts of contemporary person-centred therapy, exploring both theoretical development and their application to practice. Written by leading international experts, it is an indispensable resource for those studying and working in the area. | Thoroughly updated to reflect the latest trends in theory and practice, this this substantially revised and extended edition is the most in-depth and wide-ranging textbook available on person-centred psychotherapy and counselling. Divided into four parts, it examines the theoretical, philosophical and historical foundations of the person-centred approach; the fundamental principles of person-centred practice and applications of person-centred practice; how person-centred conceptualisations and practices can be applied to groups of clients who bring particular issues to therapy; and, finally, professional issues for person-centred therapists, such as ethics, supervision and training. Written by a diverse range of expert contributors, unified by a more relational, ethics-based reading of person-centred theory and practice, this is a comprehensive, cutting-edge resource for students on all advanced level person-centred courses, as well as for a wide range of professional practitioners in the field. | Preface; M.Cooper, M.O' Hara, P.F.Schmid & A.Bohart.- Person-Centred Therapy Today; M.Cooper, M.O' Hara, P.Schmid & A.Bohart.- The Basic Conditions of the Facilitative Therapeutic Relationship; C.Rogers.- PART I: THEORETICAL, HISTORICAL AND PHILOSOPHICAL FOUNDATIONS.- Origins and Unfolding; G.T.Barrett-Lennard.- Family of Person-Centred and Experiential Therapies; P.Sanders.- Ethical and Relational Foundations; P.F.Schmid.- The Actualising Person; A.Bohart.- Experiential.- Phenomenological Foundations; M.Cooper & A.Bohart.- Developmental and Personality Theory; M.Cooper.-Spiritual Dimensions; M.van Kalmthout.- PART II: THERAPEUTIC PRACTICE.- Psychological Contact; G. Wyatt.- Empathy; E.Freire.- Unconditional Positive Regard; J.D.Bozarth.- Congruence; J.Cornelius-White.- Therapeutic Presence; S.Geller.- Working with Groups; P.F.Schmid & M.O' Hara.-Person-Centered Expressive Arts Therapy: Connecting Body, Mind, and Spirit; N.Rogers.- Integration In Person-Centered Psychotherapies; D.Cain.-PART III: WHAT CLIENTS...



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