



## Mastering the Art of Quitting(Chinese Edition)

By MEI | PEI GE SI TE LI PU . Peg St.

paperback. Condition: New. Language:Chinese.Pub Date: 2014-11-01 Pages: 280 Publisher: CITIC Publishing House Although we are living, as the abandonment of the final upset and urged perseverance culture, but to give up art is advocating that people get rid of a dead end . after deliberation sexual habits, overcome emotional regret, master the art of give up, abandon strategically target can not be achieved, the establishment of new goals, in order to make positive changes. Peg Strep best-selling author and psychothera.



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