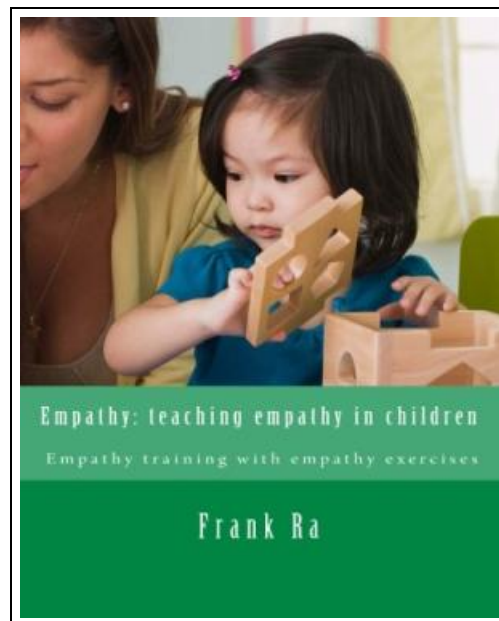


Empathy and Parenting: teaching empathy with children - Empathy training with empathy exercises



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Reviews

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(Abel O'Kon Sr.)

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No binding. Condition: New. 116 pages. How to teach empathy in children What is the difference between empathy and sympathy Empathy and Parenting: teaching empathy with children - Empathy training with empathy exercises , based on A course in Happiness, is a training in empathy for parents, teachers, educators, etc. who want to facilitate empathy in children. Empathy and Parenting: teaching empathy with children - Empathy training with empathy exercises comes with selected empathy exercises. While the way children understand the intellectual meaning, and implications, of empathy varies from case to case, a straightforward approach makes everything easier to relate to. For example, show a few pictures of people who clearly look happy, bored, suprised, etc and ask children to identify what these people are feeling. Then, show pictures of people waiting for a bus, looking at their watch, etc. and ask children to identify what these people are likely to be thinking. Then, just explain that is empathy: the capacity of understanding what other people feel and think. Explain that we all have this capacity for empathy, and that it gets better and better when cultivated with determination. Show pictures of happy kids in groups, playing together, listening to each other, etc. and explain that kids who are empathic are better at understanding their own feelings and the ones of peers, parents, teachers, etc. This resulting in people liking even more to communicate with them, at the advantage of everyones happiness. About AmAreWay. OrgOur blog http: www. amareway. orgpublishes daily updates about scientific research and spiritual insights about living a happy and meaningful life. It hosts guest-posts from leading researchers and practitioners in different fields, from neuroscience to First Nations wisdom, from Dharma to Yoga, positive psychology, etc. . About the Subjective Well-being InstituteThe Institute of Subjective Well-Being (http:...

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