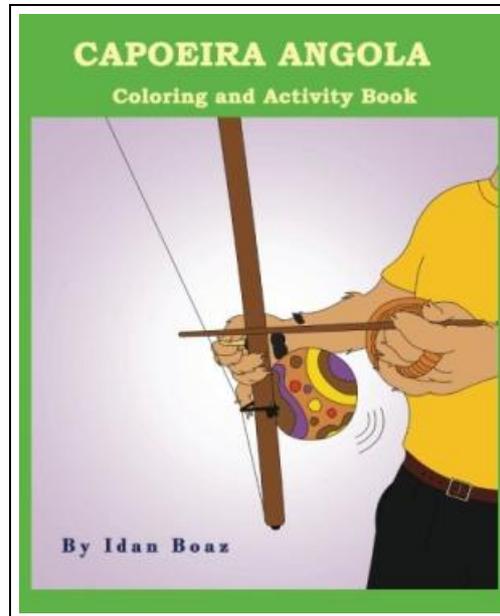


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**CAPOEIRA ANGOLA: COLORING AND ACTIVITY BOOK: CAPOEIRA ANGOLA IS ONE OF IDAN S INTERESTS. HE HAS AUTHORED VARIOUS OF COLORING ACTIVITY BOOKS WHICH GIVING TO CHILDREN THE PATH TO LEARN ABOUT THE VALUES**



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Being a junior student at capoeira lessons I had this feeling that capoeira angola is a slow game which requires kind of capoeira regional slow motion , well it s not. Capoeira angola combines aspects of performance, rituals dance and martial arts strategies driven by musical instrument (bateria) plays in harmony. It gives power, strength, flexibility to body and teaches courage, concentration, confidence and creativity to the mind. Game of capoeira (jogo de capoeira) addresses positive values like self-esteem, open mindedness. Modern dance moves like hip-hop and breakdance and also MMA s world are influenced by capoeira moves and/or techniques . Capoeira is also being used for fitness purposes as well to build flexibility and strength in body. This book provides series of drawings showing sequence of capoeira which will give your kid understanding and also will help him characterized in particular capoeira de angola moves (shamada, tesoura, etc.) with musical instruments integration (Berimbau, Atabaque etc.), so what is capoeira angola? Grab a copy of this coloring and activity book and soon you ll find out.

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