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# CROHN'S DISEASE AND COLITIS: 100 SIMPLE RECIPES FOR SUFFERERS



## Crohn's Disease and Colitis

100 Simple Recipes for Sufferers

Brenda Webb



Author Essentials. Paperback. Book Condition: new. BRAND NEW, Crohn's Disease and Colitis: 100 Simple Recipes for Sufferers, Brenda Webb, If you have Crohn's disease, you've come to the right place- the recipes in this cookbook were developed for healthy living with this condition. According to Crohn's and Colitis Foundation of America, nutrition is a key principle in managing Crohn's. Foods may not cure this disease, but healthy choices can help decrease the symptoms and promote the healing of the digestive...

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- Authored by Brenda Webb
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