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THE NEW 8-WEEK CHOLESTEROL CURE: HOW TO LOWER YOUR CHOLESTEROL BY UP TO 4



HarperCollins Publishers Inc, United States, 2004. Paperback. Book Condition: New. 2nd. 168 x 104 mm. Language: English . Brand New Book. Newly updated and revised to include the latest developments in heart disease research, an essential guide provides a clinically proven, natural method for reducing cholesterol and controlling weight that combines oat bran, vitamins, a healthy diet, and exercise, and features new cholesterol testing.

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- Authored by Robert E Kowalski
- Released at 2004



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