

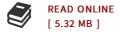
DOWNLOAD

齿

The Myth of the Untroubled Therapist: Private Life, Professional Practice

By Marie Adams

Taylor & Francis Ltd. Paperback. Book Condition: new. BRAND NEW, The Myth of the Untroubled Therapist: Private Life, Professional Practice, Marie Adams, Therapists are often expected to be immune to the kind of problems that they help clients through. This book serves to demonstrate that this is certainly not the case: they are no more resistant to difficult and unexpected personal circumstances than anyone else. In this book Marie Adams looks into the kind of problems that therapists can be afraid to face in their own lives, including divorce, bereavement, illness, depression and anxiety and uses the experience of others to examine the best ways of dealing with them. The Myth of the Untroubled Therapist looks at the lives of forty practitioners to learn how they coped during times of personal strife. CBT, psychoanalytic, integrative and humanistic therapists from an international array of backgrounds were interviewed about how they believed their personal lives affected their work with clients. Over half admitted to suffering from depression since entering the profession and many continued practising while ill or under great stress. Some admitted to using their work as a 'buffer' against their personal circumstances in an attempt to avoid focusing on their...



Reviews

Very good electronic book and useful one. it absolutely was writtern extremely completely and useful. You will not feel monotony at at any moment of your respective time (that's what catalogs are for relating to when you question me). -- Prof. Noah Zemlak DDS

This sort of pdf is everything and made me searching forward plus more. Better then never, though i am quite late in start reading this one. You may like just how the author compose this book. -- Mae Jones

DMCA Notice | Terms