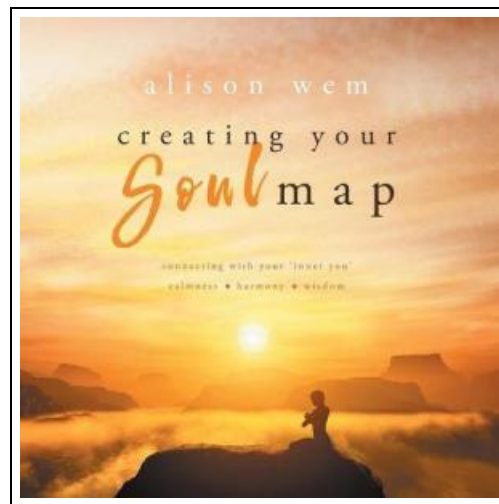


Creating Your Soul Map: Connecting with Your Inner You Calmness-Harmony-Wisdom (Paperback)



Filesize: 5.69 MB

Reviews

This book is great. it absolutely was writtern quite properly and beneficial. Its been written in an extremely basic way and it is merely after i finished reading through this ebook in which basically changed me, affect the way i really believe.
(Leopold Schmidt)

CREATING YOUR SOUL MAP: CONNECTING WITH YOUR INNER YOU CALMNESS-HARMONY-WISDOM (PAPERBACK)

[DOWNLOAD](#)

To read **Creating Your Soul Map: Connecting with Your Inner You Calmness-Harmony-Wisdom (Paperback)** PDF, you should access the web link listed below and save the file or gain access to additional information which might be have conjunction with CREATING YOUR SOUL MAP: CONNECTING WITH YOUR INNER YOU CALMNESS-HARMONY-WISDOM (PAPERBACK) book.

Alison Wem, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Are you looking to feel more connected to those you love, more alive, happy and healthy or maybe you are simply looking to find deeper meaning and richness in your life? You need a soul map. For Alison Wem, that realisation came in the early hours one night as, newly widowed and with children and a demanding job, she confronted her anguish - and found not chaos and more pain but a space of calmness and route to strength, love and guidance. In this first book Alison provides easy-to-do steps in creating your own soul map - a route back to your inner you - your sub-conscious mind, higher self or soul, depending on your beliefs. It provides techniques to know yourself better and to build your personal calmness so you can operate more effectively at work and at home. It is a short book which introduces these new techniques and gets you started. Creating Your Soul Map takes you beyond meditation to the next step in your personal development. Using Your Soul Family (YSF) techniques you identify the life lessons you are learning with the important people in your life - your partner, family, manager, friends and neighbours. They are all members of your Soul family. Have you hit one of life s 3 Ds - death, divorce/separation, debt? These challenges are all about learning through the loss of someone or something you value. Identifying your life lessons will help you to cope with your life challenges. You will create a soul map which is a visual representation of you and your life. Choosing a soul map template to colour, you paint the geometric shapes. No artistic skills required. This soul...



[Read Creating Your Soul Map: Connecting with Your Inner You Calmness-Harmony-Wisdom \(Paperback\) Online](#)



[Download PDF Creating Your Soul Map: Connecting with Your Inner You Calmness-Harmony-Wisdom \(Paperback\)](#)

Related eBooks



[PDF] My Life as an Experiment: One Man s Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

Click the link under to download "My Life as an Experiment: One Man s Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests" PDF document.

[Read Document »](#)



[PDF] Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .

Click the link under to download "Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications ." PDF document.

[Read Document »](#)



[PDF] Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home

Click the link under to download "Homeschool Your Child for Free: More Than 1,400 Smart, Effective, and Practical Resources for Educating Your Family at Home" PDF document.

[Read Document »](#)



[PDF] The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)

Click the link under to download "The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)" PDF document.

[Read Document »](#)



[PDF] Weebies Family Halloween Night English Language: English Language British Full Colour

Click the link under to download "Weebies Family Halloween Night English Language: English Language British Full Colour" PDF document.

[Read Document »](#)



[PDF] Colour and Paint: Playtime (Kids Colour & Paint)

Click the link under to download "Colour and Paint: Playtime (Kids Colour & Paint)" PDF document.

[Read Document »](#)