



## How to Stop Being Lazy (Paperback)

By Trevor Johnson

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. How to stop being lazy. This report contains lots of helpful tips and tricks on how to stop being lazy, start being more productive and start getting on with your life. It s a useful guide to help reduce your lazy feelings and cut down your laziness. What s in this report? \* Log what you re doing to find out where you re being lazy. \* Find out why setting goals is important to overcoming your laziness and how to set goals you ll enjoy hitting. \* How to get some exercise without becoming a gym rat. \* Discover why you ll become less lazy if you become more accountable. \* Why you should stop making excuses all the time. \* How hypnosis can effortlessly help you become less lazy. \* Effective use of to-do lists without them becoming the size of War and Peace. \* How being a media recluse for a week will transform your life. \* The power of getting rid of simple things as soon as they loom their ugly head. Because you have...

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