



Go Home and Grow Tomatoes: How I Survived Breast Cancer

By Anna Remijn Derham

Balboa Press, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In December 2004, the doctor told me that my tumour was an invasive ductal carcinoma that needed to be removed through a lumpectomy and radiotherapy or a mastectomy procedure. I could choose. After my mastectomy, my oncologist prescribed an aggressive chemotherapy treatment to increase the odds that this aggressive ductal carcinoma cancer would not return. His decision was founded on probability, based on statistics that indicated cancer could possibly return if I didn't do anything differently. My oncologist told me that administering prescribed chemotherapy treatment would increase my survival rate from 50 percent to 60 percent if chemotherapy were to be administered within six weeks of my mastectomy. Chemotherapy treatment filled me with fear. I chose to learn. From my greatest fear came my greatest discovery and my greatest success. I have learned that I have the resources within me to choose the quality of my life along the way. I have learned to hunt those embedded limiting beliefs that have moulded me. I have learned that I can choose to change my beliefs, to change...

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