

One Silken Thread: Poetrys Presence in Grief

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Reviews

The book is simple in read through better to fully grasp. It is rally exciting through looking at period of time. I discovered this publication from my i and dad encouraged this book to find out. (Dr. Dillon Monahan)

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ONE SILKEN THREAD: POETRYS PRESENCE IN GRIEF



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Quid Pro, LLC. Paperback. Condition: New. 154 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is very brave and very well done. . . . this book is lyrical in itself . . . both personal and universal Best read with the heart. Lee Scheingolds rich, painful personal journeyfollowing the death of her husband, famed political scientist Stuart Scheingoldis described from the points of view which have informed her life: psychoanalysis, clinical social work, Buddhist meditation, and family medicine. Poetry is the connecting thread, beginning with the Russian poems she studied long ago in college, and then to a variety of contemporary American and English verse. This is an emotional and intellectual account of profound grief from a professional psychotherapist who has approached her recent life with continual introspection and self-reflection. She explores the experiences which enabled her to tolerate and even welcome the feelings of grief. She examines, with the issue of meaning at center stage, her psychoanalyses and a ten-year practice of Buddhism. In this journey, her reading of poetry links emotions to ideas. The deeply evocative style of the book resembles poetry itself. A wonderful balance of psychoanalytic awareness and poetic sensitivity, an open and revealing memoir of the experience of loss and grief. It took me to another level in reading poetrylooking for and cherishing ambiguity and space. This is the story of how poetry (and Buddhism and psychoanalysis) helps one to come to grips with, or perhaps adapt to or even conquer loss. Best read with the heart. Fred Heidrich, MD, MPH, Clinical Professor of Family Medicine, University of Washington In One Silken Thread, Scheingold weaves together threads from Buddhism, Psychoanalysis, and Lyric Poetry through the process of her own grief to illuminate the possibility of what she calls the heart of the worldthat which...

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