East: Much Loved Recipes from South East Asia (Hardback)

By Leanne Kitchen, Antony Suvalko

HARDIE GRANT BOOKS, Australia, 2015. Hardback. Condition: New. Language: English . Brand New Book. East is your ticket to the vibrant, delicious, aromatic flavours of South East Asia in your own home! A popular holiday destination for Australians, South East Asian cuisine isn t easily forgotten-packed with spices, freshness and surpisingly quick to prepare, it s a delight for the senses! Leanne Kitchen and Andrew Suvalko follow up their compendium on traditional Chinese cooking, The Real Food of China, with this fun and accessible cookbook that is the perfect celebration of the recipes that people love to indulge in on holiday and want to bring home. It is inspired by the authors personal travels and is designed by flavours- allowing readers to dip in and pick something from here or there to reate their own unique smorgasbord of favourite South East Asian dishes. Chapters are broken down into food categories including snacks and street food; soups and simmered dishes; BBQs and roasts; curries; salads; rice and noodles; and sweets. Dishes come from countries such as Cambodia, Vietnam, Thailand, Malaysia, Laos, Indonesia and Burma. Captured with stunning location photography as well as beautiful food photography throughout, East brings a small...

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