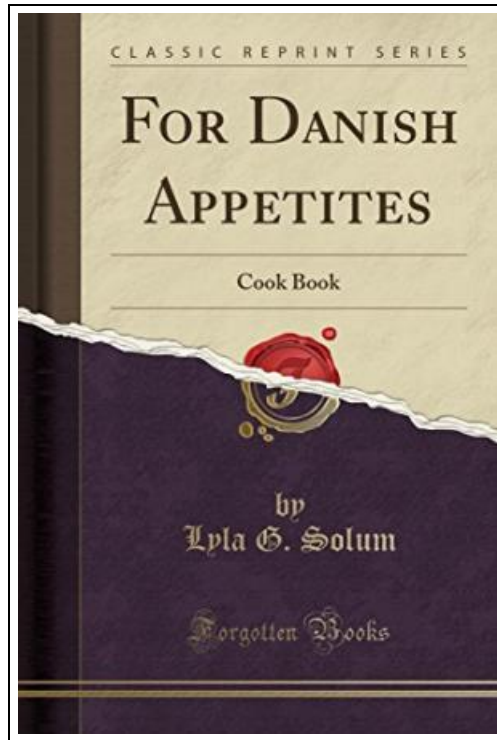


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(Duane Fadel)

FOR DANISH APPETITES: COOK BOOK (CLASSIC REPRINT)



Forgotten Books. Paperback. Condition: New. This item is printed on demand. 68 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. Excerpt from For Danish Appetites: Cook Book Danish families call the various styles and shapes of Danish Pastry Coffee Bread and a real Danish breakfast consists of Coffee Bread and Coffee, nothing else. In America, these rich pastries are served as often for dessert or for an afternoon party as they are for breakfast. Cardamom, which is used in many of these recipes, is a favorite spice that resembles cinnamon in taste. It is a seed which Danish cooks crush to a powder with a rolling pin. Cinnamon may be substituted but will not give the real Danish flavor. The term warm place in coffee bread recipes means about 80 to 85 degrees of temperature. Butter is called for in all of these Pastry recipes. Vegetable shortening, or oleomargarine, may be substituted unless otherwise specified, but you will lose the real, good, old-world flavor by doing so. Wienerbrod 2 cups Milk 3 Eggs 2 Yeast Cakes 1 teaspoon Cardamom 6 cups Flour 1 teaspoon Salt 1 cup soft Butter Almonds, Cooked Prunes 12 cup Sugar Applesauce or Jelly Soak yeast cakes in 12 cup lukewarm milk a few minutes before adding to other ingredients. Warm the rest of the milk slightly. Mix all ingredients, except butter, thoroughly. Put onto floured board and knead until smooth. Roll to about 12 inch thickness and spread with butter. Fold and refold four times and set aside in greased bowl to raise for 45 minutes. Keep warm. Place on floured board and roll to 14 inch thickness. Refold four times and roll again; by this time there should not be any of the butter showing. Cut into long strips, 1 inch wide. These strips are then formed into twists, braids, squares or pretzels...



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