



HAZ TUS SUEÑOS REALIDAD: SENCILLOS PASOS QUE CAMBIARAN TU VIDA

By Pamela Oslie

Ediciones Neo Person. Encuadernación de tapa blanda. Book Condition: Nuevo. ¿Has caído alguna vez en la cuenta de que consigues realizar fácilmente algunos de tus sueños, mientras que otros parecen estar fuera de tu alcance? ¿Te has preguntado alguna vez cualquiera de estas cuestiones?: - ¿Cómo puedo ser feliz? - ¿Cuándo conseguiré lo que tanto anhelo? - ¿Por qué me cuesta tanto progresar en la vida? - ¿Qué me falta para hacer mis sueños realidad? HAZ TUS SUEÑOS REALIDAD te invita, primero, a explorar los pensamientos y creencias inconscientes que rigen tu vida. Desde su experiencia con miles de clientes, Pamala Oslie aporta en esta amena obra unos entretenidos juegos y procesos que permiten detectar las creencias negativas y los pensamientos limitadores. A continuación, enseña unos pasos muy sencillos y comprensibles para eliminar esos obstáculos que te estaban impidiendo desarrollar tus talentos y tu capacidad de vivir plenamente y feliz. De acuerdo con la reconocida asesora Pamala Oslie, lo único que te lo impide son tus propias creencias y pensamientos limitadores. Avalada por sus éxitos con miles de clientes, Pamala ha escrito ahora este libro, en el que revela cómo tú también puedes: - Detectar tus creencias negativas y librarte...



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