



## Dancing with Medusa: A Life in Psychiatry: A Memoir (Hardback)

By H Michael Zal

AUTHORHOUSE, United States, 2010. Hardback. Book Condition: New. 234 x 155 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This is a story about Bella, a beautiful tale of caring, trust and emotional healing. It begins when Dr. Zal, a first-year resident in Psychiatry, meets a 20-year-old in the throws of a severe psychotic episode. It chronicles thirty-seven years of psychiatric treatment. Focusing on family relationships, he tells how both Bella and he resolved issues with a significant parent. Although his life was quite different, he was able to draw parallels that allowed him to empathize with some of her life events. Bella was a role model of strength, endurance and caring for her children and husband. She survived childhood abuse, molestation and a dysfunctional family background. In the end, mental illness did not ravish her life. Rather it was a physical disease. The book also shows how Dr. Zal changed from an inexperienced, anxious, psychiatric resident and become a wiser, more empathetic therapist. It illustrates how he learned to balance personal angst, the biologic basis of psychiatric illness and the uniqueness of the individual patient into a therapeutic tool. This balancing act, illustrated through Bella s...



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### Reviews

*Extensive guideline! Its this kind of very good study. It really is full of knowledge and wisdom I discovered this book from my i and dad encouraged this publication to understand.*

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*Very helpful to all class of folks. Better then never, though i am quite late in start reading this one. You can expect to like just how the blogger create this pdf.*

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