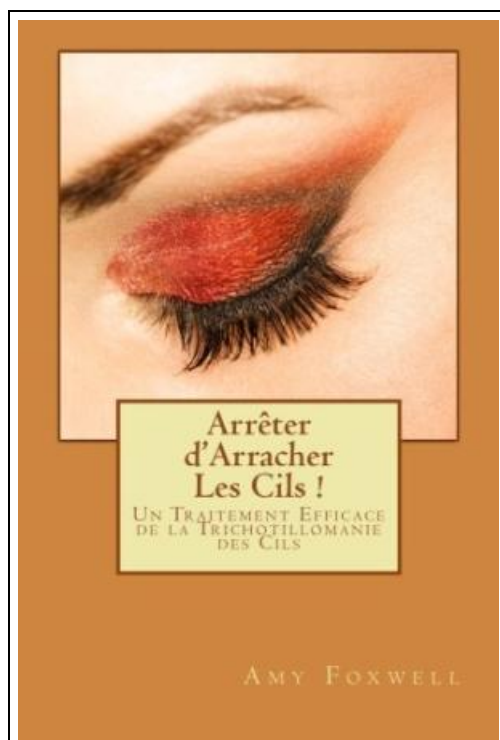


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Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: French . Brand New Book ***** Print on Demand *****. Ecrit par un ex Trichotillomane des cils, et apres plusieurs annees de recherche, ce livre s agit d une collection d aides puissantes basees sur de veritables reussites. Ces outils sont immediatement utilisables et efficaces, et peuvent etre mis au travail immediatement pour aider a arreter de arracher les cils, et notamment: - Manieres simples de savoir quand et pourquoi vous arracher - Comment faire pour utiliser l autohypnose pour changer vos actions - Utiliser un journal pour soulager le stress et la frustration - Utilisation des armes secretes contre votre condition - Diete et remedes naturels pour soulager l irritation et favoriser la croissance des cils - Faits importants sur Trichotillomanie et la croissance des cils - Et bien plus encore . Comprend egalement le Trich Stop Workbook qui donne des outils reels pour aider a battre la Trichotillomanie des cils. NB: C est une traduction non - professionnelle du best-seller Eyelash Pulling . Le conteu est le meme, mais il peut y avoir des fautes de grammaire, etc.



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