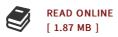




Conversation Transformation: Recognize and Overcome the 6 Most Destructive Communication Patterns

By Ben Benjamin

Mcgraw-Hill Education Ltd Apr 2012, 2012. Taschenbuch. Condition: Neu. Neuware - One of the New York Post 's Top 10 Best Career Books of 2012 Repair communication breakdowns on the spot and drive positive results in every conversation Failed conversations can take a heavy toll on our professional and personal lives, threatening to damage relationships, erode trust, and make it impossible to resolve conflicts, reach decisions, or achieve mutual understanding. Conversation Transformation gives you practical guidelines for managing the six most common (and aggravating) conversation killers: yes-buts, mind-reads, negative predictions, leading questions, complaining, and verbal attacks. Each skill-building chapter guides you through a three-step process for replacing unconstructive habits with more effective responses: AWARENESS Learn to recognize an ineffective communication pattern the instant it occurs ACTION Use specific new strategies to turn the conversation in a better direction PRACTICE Engage in repeated, structured practice to turn those actions into new habits Praise for Conversation Transformation: 'Devastatingly insightful... provides the practical coaching you need to change old habits and transform your interactions.' -SHEILA HEEN and DOUGLAS STONE, bestselling authors of Difficult Conversations 'An invaluable resource . . . filled with simple tools and fixes to improve communication...



Reviews

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Doubleday, 2013. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "Intriguing.A convincing case for nurturing friendships in many of the same ways we nurture relationships with partners and other family--both online and off" --Kirkus Reviews "[Flora's]...



My Life as an Experiment: One Man's Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English. Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts his life to the test and reports...



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications.

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...