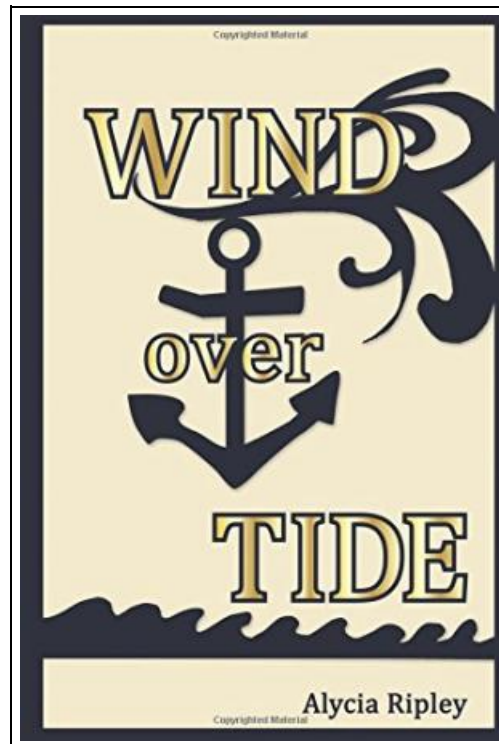


Wind Over Tide (Paperback)



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Reviews

This publication might be worthy of a read through, and superior to other. It normally is not going to charge excessive. Its been written in an remarkably simple way and is particularly just after i finished reading through this book through which in fact transformed me, alter the way i really believe.

(Juston Mraz)

WIND OVER TIDE (PAPERBACK)



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Trafford Publishing, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Known for her novels *Traveling With An Eggplant*, *The Final Alice*, and *Alice's Army*, Alycia Ripley brings her sensitivity and eye for detail to this unique memoir. Written in the form of letters, one each week over the course of a year, it captures her grief following the sudden death of her mother's thirty year companion, the man who raised Ripley since childhood. The letters shed light on the special relationship between author and stepfather and translate the pain and loss that brought on fugue states and panic attacks following his death. They examine the powerful impact of childhood upon our identities and the valuable lessons loved ones teach us. Framed within four nautically titled chapters, each representing a stage of the year, the book's title signifies the rocky sailing conditions which well reflect the author's life and circumstances. Gripping and raw, yet peppered with humor, *Wind Over Tide* illustrates the unusual way a creative mind interacts with grief. It serves as a fascinating look into a poignant, personal conversation, one which can help readers examine their own coping strategies to find peace after loss. *Wind Over Tide* is a heart wrenching book that takes the reader through the emotional waves of mourning a loved one. The author's penned letters are a tribute to Joe, her stepfather, keeping his spirit, significance and lessons alive. Ripley's words are both validating and healing. We learn, as she did, how to continue living even when faced with darkness and layers of loss. A must read that is hard to put down. -Michelle Pawkett, MA, LMHC.



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