

# Get Your Kids Fit: The parents' guide to healthy, happy, active kids

By Holmes, Kelly

Virgin Books, 2007. Paperback. Condition: New. Next day dispatch from the UK (Mon-Fri). Please contact us with any queries.



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-- Juston Mraz

Undoubtedly, this is the best work by any author. It is really simplified but shocks within the 50 % in the publication. Its been written in an extremely straightforward way and is particularly just following i finished reading this publication by which basically altered me, modify the way in my opinion.

-- Vivianne Dietrich

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