



A Simple Life

By Sal Dossani

Sophia Press, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.A Simple Life brings warmth, love and happiness into our lives. It releases us from stress and turmoil. It eases our journey through life and gives us peace and contentment. Simplicity leads to inner wisdom and liberates time. Simplicity is a journey; sometimes it is easy and smooth and sometimes difficult and turbulent. But it is always full of hope and light and companionship. QUOTES from A SIMPLE LIFE Practicing simplicity means letting go of conflict and confrontation. Change is a matter of decision. Beliefs, for better or worse, have a profound effect on our health. .Our thoughts and beliefs reflect life back to us. .By changing our beliefs, we change our world. .If we decide to change our lives and choose happiness, the universe cooperates with us and sends happy experiences our way. Love is not some impossible-to-attain saintly emotion, but a practical way of living life. . It may be asked what can love produce that is meaningful to man. In the individual case, man values his life so long as he finds meaning and...



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