



## The Trinity Manifesto

By Nigel Shindler Ph D

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.What makes a person human? That is the question. We now live in a world of extremes; some labour too hard, while others seek to continually ease their woes at an enormous cost to others, and also themselves. Dr. Rollo May wrote a book entitled The Meaning of Anxiety, in which he challenged the belief that mental health is derived from living without anxiety, but rather asserts it is essential to the human condition; confronting anxiety can relieve boredom, sharpen sensitivity, and, actually creates the tension necessary to preserve human existence. Following the Second World War humanity, understandably, sought relief from the horrors, carnage, and suffering, that had taken place, as well as the decades leading up to it; never mind the First World War, (1914-1918). The problem is that humanity never brought to an end this search to relieve hardship. With each passing decade convenience products, and consumer goods, in increasing numbers have seeped into the lives of those who inhabit the First World, while the anguish of those residing in the Third World has intensified, while...

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