



Bible Stories 1: The Life of Jesus and Other Stories from the Old and New Testaments

By Wendy Zurbowich

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Each book in the Coloring Books for Grownups series contains 50 outline drawings ready for coloring, and is designed for older children and adults of all ages who are looking to escape the stresses of modern living and simply relax. This, the first book in the series depicts biblical stories from both the Old and New Testaments, with several drawings showing images of Jesus Christ. Coloring for grown-ups is very popular today and there are many explanations for this interest. Some of the reasons for its popularity include. Coloring Lowers Stress And Anxiety Psychiatrists have long recognized the fact that coloring relaxes the fear center of the brain and allows your mind to rest. Indeed, Carl Jung, the founder of analytical psychology, is known to have given his patients mandalas to color over 100 years ago. In today's hectic world the stress reducing properties of coloring are probably more valuable than ever. Coloring Trains Your Mind To Focus Remaining inside the lines as you color requires focus and, while you are concentrating on this stress-free and relaxing activity, you can...



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Reviews

The most effective publication i ever study. I am quite late in start reading this one, but better then never. You wont sense monotony at whenever you want of your time (that's what catalogs are for concerning in the event you ask me).

-- Prof. Erin Larson I

Extensive guideline! Its this sort of very good go through. I have got read and i am confident that i will gonna read through once more once more in the future. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Joana Champlin