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# EXERCISE PHYSIOLOGY: INTEGRATING THEORY AND APPLICATION (SECOND, INTERNATIONAL EDITION)



Lippincott Williams and Wilkins. Hardback. Book Condition: new. BRAND NEW, Exercise Physiology: Integrating Theory and Application (Second, International Edition), William J. Kraemer, Steven J. Fleck, Michael R. Deschenes, Help your students develop an understanding of exercise physiology concepts and their application athletic performance and well-being with Exercise Physiology, 2e. Using an engaging evidence-based approach that combines research and theory with practical discussions of nutrition and training, the authors help students understand how the human body works and responds to exercise....

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- Authored by William J. Kraemer, Steven J. Fleck, Michael R. Deschenes
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