



Primary Care

By Emily Hartzog MD

Sunstone Press. Paperback. Condition: New. 252 pages. Dimensions: 8.9in. x 6.1in. x 0.7in. The Indian Health Service was an unlikely place for Emily Hartzog to land after specialty medical training in New York City, but caring for the quiet, unfathomable Navajo in Shiprock, New Mexico became the focus of her life. She and her husband moved to the Four Corners region, named because it takes in parts of four states--Colorado, Utah, Arizona, and New Mexico, and, with no farming background, bought a beautiful property on a rough canyon road. Dr. Hartzogs Southern upbringing hadnt prepared her well for herding cattle, delivering sheep, or planting a vineyard in a place of harsh extremes. She set up an old-fashioned practice in the middle of town, as the only obstetrician available in a fifty mile radius, and learned about life from her patients every day. She says, Although it was a busy life, I was inspired by the Navajos guiding philosophy to maintain balance. This skill served me well for seventeen years, but then my marriage fell apart and so did I. In my despair, I concentrated on the thing that had sustained me most over the years--providing medical care to native people in...



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