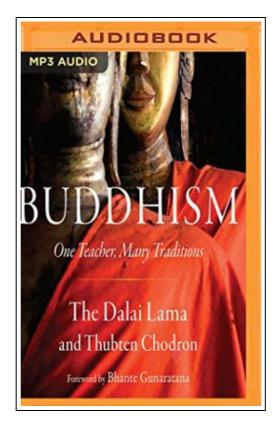
Buddhism: One Teacher, Many Traditions



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Reviews

Absolutely essential go through publication. This can be for all who statte there was not a worthy of looking at. Its been printed in an remarkably basic way and it is just right after i finished reading this book through which in fact altered me, modify the way i think. (Dr. Haskell Osinski)

BUDDHISM: ONE TEACHER, MANY TRADITIONS



Audible Studios on Brilliance, 2016. CD-Audio. Condition: New. Unabridged. Language: English. Brand New. Explore the common ground underlying the diverse expressions of the Buddha s teachings with two of Tibetan Buddhism s best-selling authors. Buddhism is practiced by hundreds of millions of people worldwide, from Tibetan caves to Tokyo temples to redwood retreats. To an outside viewer, it might be hard to see what they all have in common. In Buddhism, His Holiness the Dalai Lama and American Buddhist nun Thubten Chodron map out with clarity the convergences and the divergences between the two major strains of Buddhism - the Sanskrit traditions of Tibet and East Asia and the Pali traditions of Sri Lanka and Southeast Asia. Especially deep consideration is given to the foundational Indian traditions and their respective treatment of such central tenets as the four noble truths, the practice of meditation, and the meaning of nirvana enlightenment. The authors seek harmony and greater understanding among Buddhist traditions worldwide, illuminating the rich benefits of respectful dialogue and the many ways that Buddhists of all stripes share a common heritage and common goals.



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