



## From Fear to Eternity: 212 Ways to Let Go of Limiting Beliefs and Shift Your Energy Into Higher Consciousness Living (Paperback)

By Gina-dianne Harding

Balboa Press, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*.Whether you want quick tips to shift into higher vibration, or want to take a reflective journey along your spiritual path, this book provides the essential information you need. The author invites you to start your transformation today. Humanity is going through a rapid transformation. You may follow one of two paths: Be dragged through; stuck in overwhelmingly fearful and limiting beliefs, energy-draining thoughts, and painful feelings. ORLearn the tools that shift you into the higher-conscious life you ve yearned for--where you experience improved health, connected and loving relationships, fulfilling work, and the knowledge that, no matter what happens around you, everything is ultimately right in your life! Dive into this book and discover: -How vibrational energy can connect you to everything around you; -How modifying your affirmations to bite-size, believable pieces helps prevent becoming overwhelmed; -How to prevent leaking your energy and keep energy vampires from depleting your vitality; -Tools to shift your energy almost instantaneously, -Why consciously adopting these new behaviors now is vital as we approach 2012 and move toward the next age of...



## Reviews

This book is definitely worth buying. This really is for all who statte there had not been a worthy of studying. You will not sense monotony at at any moment of the time (that's what catalogs are for concerning should you check with me).

-- Mr. Martin Baumbach

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-- Lauren Quitzon

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