



## Earl Mindell's Secret Remedies: The Essential Guide to Treating Common Ailments With Vitamins, Minerals, Herbs, and Other Cutting Edge Remedies

By Mindell, Earl

Fireside, Old Tappan, New Jersey, U.S.A., 1997. Mass Market. Condition: New. The author of the bestselling *The Vitamin Bible* and *The Herb Bible* now offers groundbreaking new information on the role which supplements--vitamins, minerals, herbs, and more--play in the prevention and treatment of more than 50 ailments and complaints.



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