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THE POETRY OF IMPERMANENCE, MINDFULNESS, AND JOY (PAPERBACK)



Wisdom Publications, U.S., United States, 2017. Paperback. Condition: New. Language: English. Brand New Book. Over 125 poetic companions, from Basho to Billy Collins, Saigyo to Shakespeare. The poems expertly gathered here offer all that one might hope for in spiritual companionship: wisdom, compassion, peacefulness, good humor, and the ability to both absorb and express the deepest human emotions of grief and joy. The book includes a short essay on Mindful Reading and a meditation on sound from editor John Brehm--helping...

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- Authored by John Brehm
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