



Healing Through Chronic Pain: A Physical Therapist's Personal Journey of Body/Mind/Spirit Transformation (Paperback)

By Mary Ruth Velicki

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Mary Ruth Velicki, a physical therapist and university instructor, endured intense, debilitating pelvic pain for years. Determined to get better, she set aside her initial skepticism and tried a plethora of treatments from the Western, Eastern, and alternative sides of medicine. To her surprise, she underwent incredible healing that extended beyond her physical body to her full person and experienced many direct connections between her body, mind, and spirit. In *Healing Through Chronic Pain*, Mary Ruth recounts her five-year journey of healing through the layers and personal transformation. Along the way, she shares the treatment strategies she used and the support she received from a team of professionals to move past the pain and to heal her whole being.



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Reviews

Completely among the finest publication I have got possibly read through. It really is rally exciting through reading through period. You are going to like how the writer compose this publication.

-- **Modesta Stamm PhD**

Very helpful to all of class of folks. This is certainly for all who statte there had not been a worthy of studying. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Jayda Lehner Jr.**