



Powerful Wisdom: Your Enlightenment Is Closer Than You Think

By Kurt Arrow

Ricarson-Hewett Press, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Would you like to just blink your eyes and be completely stress-free, incredibly happy and content with your life? You can! Try it. Then try some of the following, while being subconsciously aware how you feel. Look around you and name all the objects that you see. Smell the air and try to identify the odor. Listen to all the noises. Touch something and feel the texture. It is a 100 guarantee that you will feel completely stress-free, happy and content. See if you can do it without naming things. Simply be aware of your surroundings, right here, right now. Living in the moment is your key to unconditional happiness and enlightenment. It s as simple as that. We have somehow evolved into very complicated beings and we just can t see the forest through the trees. Deep down, we want simplicity. We want quick and easy solutions. We want to feel unconditionally happy, peaceful and relaxed, and so we keep searching for ways to make it happen. You re not much different than I was or...



[READ ONLINE](#)
[3.35 MB]

Reviews

Basically no words to describe. It is filled with knowledge and wisdom I am just pleased to let you know that this is actually the greatest publication i have read within my individual lifestyle and may be he best publication for at any time.

-- **Prof. Ron Gaylord II**

Basically no words and phrases to describe. It is really simplified but unexpected situations in the fifty percent of your book. I am delighted to let you know that here is the very best publication i have got go through within my very own lifestyle and might be he greatest publication for actually.

-- **Watson Kohler**