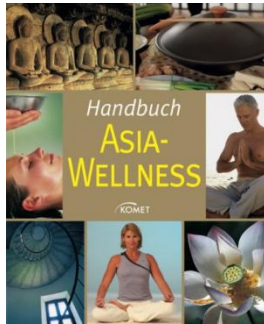


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HANDBUCH ASIA WELLNESS



Komet, 2007. Gebundene Ausgabe. Book Condition: Neu. Neu Neu/sofort versandbereit - auf Lager - Die ganze Welt der Asia-Wellness. Die asiatischen Heil- und Entspannungsmethoden stellen eine sinnvolle Ergänzung zur westlichen Medizinauffassung dar, da sie bei der Diagnose und Behandlung den ganzen Körper betrachten. Dieses Buch soll Ihnen dabei helfen, die Erkenntnisse dieser alternativen Heilmethoden und jahrtausendealten Techniken für Ihre Gesundheit zu nutzen. Yoga, Tai-Ji, Feng-Shui, Ayurveda, Massage, Heilkräuter, TCM - alle wichtigen Elemente der Asia Wellness werden in diesem Handbuch...

Read PDF Handbuch Asia Wellness

- Authored by -
- Released at 2007



Filesize: 8.62 MB

Reviews

Very useful to all category of men and women. I actually have study and i also am certain that i am going to going to read through again once more down the road. Its been written in an exceptionally simple way and is particularly only soon after i finished reading this publication by which basically altered me, modify the way in my opinion.

-- **Dr. Sarai Fisher DDS**

This publication will never be straightforward to get going on looking at but really fun to see. This can be for all those who statte that there had not been a worth looking at. You wont really feel monotony at at any moment of your own time (that's what catalogs are for about should you request me).

-- **Cale Hansen Sr.**

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