



## The Traveler s Compact Guide to Health, Illness Safety (Paperback)

By Steven G Rothrock MD

Compact Medical Guides LLC, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The Traveler s Compact Guide describes common and uncommon health and medical issues that can arise before, during, or after traveling. This book was created with the non-medical professional in mind and will guide travelers through pre-travel preparation, in travel emergencies, and post travel health and medical problems when immediate access to medical care may not be available. Details are provided for travel risks to all countries and continents. Immediate management of common and uncommon illness and injury that might occur while traveling or vacationing is described. Indications, dosing and side effects of commonly used medications are described. Contacts and weblinks for medical resources and travel assistance are provided. Links to government requirements for vaccines, passports, and visas, and World Health Organization and Center for Disease Control sites that describe current health issues within each region and country are provided.



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