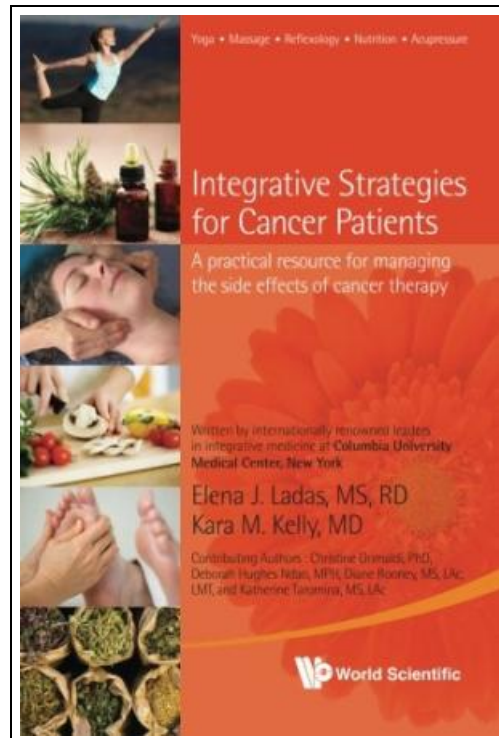


## Integrative Strategies for Cancer Patients: A Practical Resource for Managing the Side Effects of Cancer Therapy



Filesize: 6.15 MB

### **Reviews**

*The most effective ebook i possibly read. it was actually writtren quite completely and useful. I am just very happy to tell you that here is the best publication we have read through during my individual daily life and could be he greatest publication for possibly.*  
**(Kennith Nicolas)**

## INTEGRATIVE STRATEGIES FOR CANCER PATIENTS: A PRACTICAL RESOURCE FOR MANAGING THE SIDE EFFECTS OF CANCER THERAPY

[DOWNLOAD](#)

World Scientific Publishing Company. Paperback. Condition: New. 316 pages. Dimensions: 8.9in. x 5.9in. x 0.7in. Integrative Strategies for Cancer Patients is the definitive resource on the benefits of integrative therapies during cancer treatment. The book does not need to be read cover to cover to learn about integrative medicine. Instead it is meant to be a reference handbook for managing the most common side effects afflicting patients with cancer. Integrative Strategies for Cancer Patients provides hands-on guidance with illustrations demonstrating how to use complementary/alternative therapies during cancer treatment. Some of the techniques you will learn about in this book are: Yoga poses and breathing exercises to increase energy and manage shortness of breath Acupressure points to reduce nausea, vomiting, and pain Aromatherapy (essential oils) to decrease feelings of nausea and anxiety Nutrition strategies to help manage loss of appetite, depression, and hot flashes Massage techniques to aid in relief of lymphedema, constipation, and loss of libido Reflexology applications for neuropathy, headaches, and insomnia Dietary supplements to improve symptoms of chemo brain, fatigue, and radiation burns 100 of the royalties from this book will benefit the Integrative Therapies Program at Columbia University Medical Center. The proceeds will provide additional support for research in the field of complementary/alternative medicine. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



[Read Integrative Strategies for Cancer Patients: A Practical Resource for Managing the Side Effects of Cancer Therapy Online](#)



[Download PDF Integrative Strategies for Cancer Patients: A Practical Resource for Managing the Side Effects of Cancer Therapy](#)

## See Also



**Dog on It! - Everything You Need to Know about Life Is Right There at Your Feet**

14 Hands Press, United States, 2013. Paperback. Book Condition: New. 198 x 132 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you ever told a little white lie? Or maybe a...

[Save eBook »](#)



**Your Pregnancy for the Father to Be Everything You Need to Know about Pregnancy Childbirth and Getting Ready for Your New Baby by Judith Schuler and Glade B Curtis 2003 Paperback**

Book Condition: Brand New. Book Condition: Brand New.

[Save eBook »](#)



**Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)**

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how...

[Save eBook »](#)



**I Want to Thank My Brain for Remembering Me: A Memoir**

Back Bay Books. PAPERBACK. Book Condition: New. 0316118796 Never Read -12+ year old Paperback book with dust jacket-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good...

[Save eBook »](#)



**Too Old for Motor Racing: A Short Story in Case I Didnt Live Long Enough to Finish Writing a Longer One**

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.We all have dreams of what we want to do and who we want to become. Many of us eventually decide...

[Save eBook »](#)