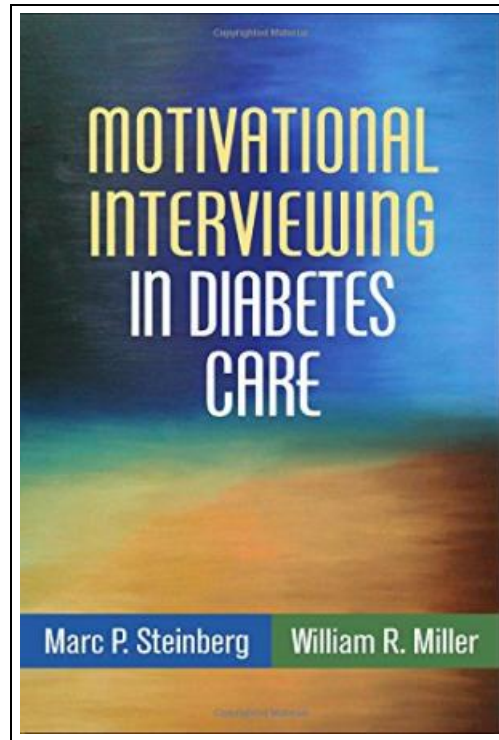


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MOTIVATIONAL INTERVIEWING IN DIABETES CARE



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Guilford Pubn, 2015. Paperback. Book Condition: New. 1. 15.24 x 22.22 cm. "People with diabetes often struggle to make healthy choices and stay on top of managing their illness. Filling a vital need, this is the first book to focus on the use of motivational interviewing (MI) in diabetes care. The uniquely qualified authors--physician Marc P. Steinberg has devoted much of his career to diabetes care, and renowned clinical psychologist William R. Miller is the co-developer of MI--present proven counseling techniques that can make any conversation with a patient more efficacious and motivating. Numerous sample dialogues illustrate specific ways to elicit patients' strengths and help them overcome barriers to change in such areas as eating habits, physical activity, medication use, insulin treatment, substance abuse and psychological issues, and more. Subject Areas/Key Words: adolescents, adults, ambivalence, behavior change, behavioral medicine, counseling, diabetes educators, dietitians, health care, health psychology, MI, motivational interviewing, obesity, patient education, patients, self-care, techniques Audience: Diabetes educators, physicians, nurses, nurse-practitioners, social workers, health psychologists, and dietitians; educators and students in these fields. This book is in the Applications of Motivational Interviewing series"-- Our orders are sent from our warehouse locally or directly from our international distributors to allow us to offer you the best possible price and delivery time. Book.



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