



Battling Lung Cancer with Nutrition

By Heather MS Rd Gabbert, Heather Gabbert MS Rd

Provenir Publishing, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.It is nearly impossible to find someone who doesn't have a family member or close friend affected by lung cancer. Worldwide, lung cancer is the most common cancer in terms of both incidence and mortality. The population group most likely to develop lung cancer is people over 50 who have a history of smoking. In contrast to the mortality rate in men, which began declining more than 20 years ago, women's lung cancer mortality rates have been rising over the last decades, and are just recently beginning to stabilize. In the USA, the lifetime risk of developing lung cancer is 8 in men and 6 in women. It is very common for patients with a cancer diagnosis to have many questions about nutrition and diet. In fact, this is one of the main ways that you (or your loved one) can aid yourself in the battle with cancer. The cancer can inhibit your body's ability to heal, decrease your energy, and decrease your immune system. By optimizing diet and nutrition, research has shown that...

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