

The Use of Touch in Counselling and Psychotherapy

By Steve Williams

LAP Lambert Academic Publishing Nov 2012, 2012. Taschenbuch. Book Condition: Neu. 223x149x15 mm. Neuware - The use of touch in counselling and psychotherapy is rarely spoken of. A contentious topic, there is little research on therapists' current practices and views, and almost none relating to work with younger clients. This book reveals working therapists' practices, beliefs and understandings of the use of touch in therapeutic contexts with children, adolescents and adults. Six broad themes were identified: the meaning of touch; risks, fears and concerns; power and control issues; contracting, consents and note-taking; the raising of consciousness; and to touch or not to touch. Decisions as to whether or not to use touch were found to be complex, informed by a wide range of societal, cultural, methodological and philosophical discourses, as well as via personal experience and an understanding of potential impact on the client. Clients with abuse issues, work with children, and working cross-culturally were all identified as specific areas to consider. This book may be of use to counsellors, psychotherapists, supervisors and ethics committees, informing ethical practice, and decision making. It may also be helpful for training purposes. 160 pp. Englisch.





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Reviews

This book will be worth getting. Better then never, though i am quite late in start reading this one. Its been written in an extremely basic way which is only right after i finished reading this book through which actually altered me, alter the way i believe.

-- Mr. Enrico Lesch

The book is straightforward in go through easier to recognize. it was actually writtern extremely perfectly and useful. I am very happy to explain how this is actually the greatest publication i have read through within my individual life and might be he finest ebook for actually.

-- Gladys Conroy