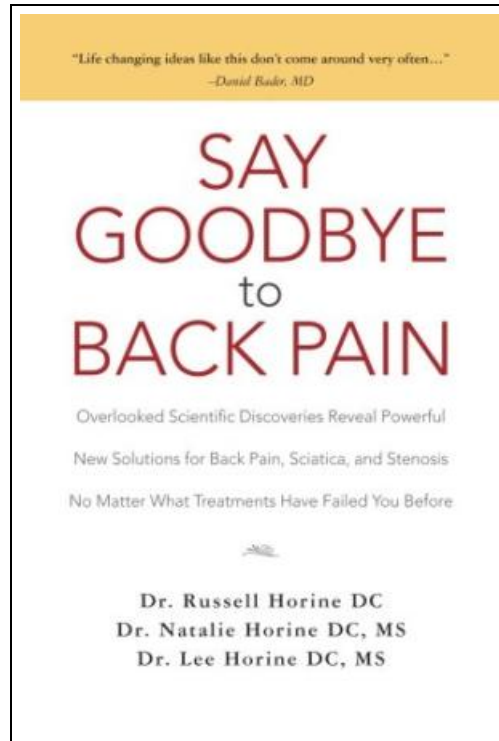


## Say Goodbye to Back Pain: Overlooked Scientific Discoveries Reveal Powerful New Solutions for Back Pain, Sciatica, and Stenosis No Matter What Treatments Have Failed You Before



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**(Prof. Louvenia Flatley)**

## SAY GOODBYE TO BACK PAIN: OVERLOOKED SCIENTIFIC DISCOVERIES REVEAL POWERFUL NEW SOLUTIONS FOR BACK PAIN, SCIATICA, AND STENOSIS NO MATTER WHAT TREATMENTS HAVE FAILED YOU BEFORE



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Ask anyone over 30 if they have ever experienced back pain or neck pain and you can almost take it to the bank that their answer will be yes. With 85 of the population suffering from low back pain, this is an epidemic. And one we as health care providers have been battling for years. The simple truth is that it is tough to treat. and for good reason. Doctors have been working to fix the symptom instead of the actual problem. Why we wrote this book As chiropractors, we were skilled at treating back pain conditions and reducing symptoms. But we ran into the problem of the pain returning down the road. Fixing them always seemed to be a temporary solution to a chronic condition. After years of treating back pain over and over we decided it was time to ask some questions that the health care community has failed to answer adequately. What causes back pain? Why do most people have it at some point in their lives? Why does back pain become chronic? Is there a way to stop it without drugs or surgery? These questions led to a several-year journey exploring the scientific literature in search of answers. And the answers we found changed not only our understanding of back pain, but significantly transformed our treatment strategy and patient outcomes. What we accomplished is not an academic demonstration - it is a roadmap. We successfully traced how and why back pain occurs, and provided a novel way to curb this vicious cycle both in the treatment room and at home. While we give our personal recommendations on therapies, this book is not written...

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