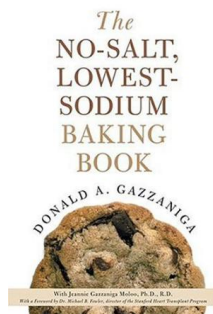


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THE NO-SALT, LOWEST-SODIUM BAKING BOOK



St. Martin's Griffin. Paperback. Book Condition: New. Paperback. 240 pages. Dimensions: 9.0in. x 6.0in. x 0.9in. Donald Gazzaniga, diagnosed with congestive heart failure, was headed for a heart transplant. Urged by his doctor to keep his sodium intake under 1,500 to 2,000 milligrams a day, Don headed for the kitchen and went to work devising recipes for delicious low-sodium dishes that added up to less than 500 milligrams daily. The results Don's name has been removed from the transplant...

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- Authored by Donald Gazzaniga
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Reviews

This created publication is wonderful. it absolutely was writtern extremely completely and benefical. I discovered this publication from my dad and i encouraged this publication to discover.

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