



Becoming Free

By Kay Rose-Hatrick

Paragon Publishing, United Kingdom, 2015. Paperback. Book Condition: New. 234 x 156 mm. Language: English . Brand New Book ***** Print on Demand *****.Have you ever dreamed of just clearing your desk, packing up your life and heading across Europe into the sunset for an adventure, not knowing where it's going to take you? Well, Kay did just that. She was maybe naive, but she was determined to follow her dream of living free. After being made redundant from the fifth largest employer in the world, she made that jump into the unknown, knowing that she couldn't stay on these shores any more. We join her in a real-time journey of adventure, self-discovery and awakening as she escapes to an old friend's yoga retreat in rural Portugal. We meet the characters she encounters along the way, all leading an alternative lifestyle outside the normal social order. And for a while, she too is part of this. But what brought her back to the UK so soon, to re-enter the society she had fled on six months earlier, and from which she had been so desperate to escape? A week before Christmas, she finds herself back,...

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