



Chase the Rainbow (Hardback)

By POORNA BELL

Simon Schuster Ltd, United Kingdom, 2017. Hardback. Condition: New. Language: English . Brand New Book. `A candid, warm, sad, surprisingly funny, raw, brave, bittersweet book. - MATT HAIG` Chase the Rainbow is a game-changing book. Poorna Bell s moving account of the pressures on modern men could be a life-saver. This is a brave and bold work that will inspire us all to talk openly and honestly about depression once and for all. Everyone should read this book. - ARIANNA HUFFINGTON` I recently devoured this book in a couple of days. It s so beautifully written, honest and beyond though-provoking. I urge you to delve into its courageously written pages to learn about Poorna Bell s story. - FEARNE COTTON` A story of love and loss and a vital contribution to the mental health debate. A great read. - ALASTAIR CAMPBELLAn honest yet uplifting account of a woman s life affected (but not defined) by the suicide of her husband and the deadly paradox of modern-day masculinity. Punk rocker, bird nerd and book lover Rob Bell had a full, happy life. He had a loving wife, a big-bottomed dog named Daisy and a career as a respected science journalist. But beneath the...



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