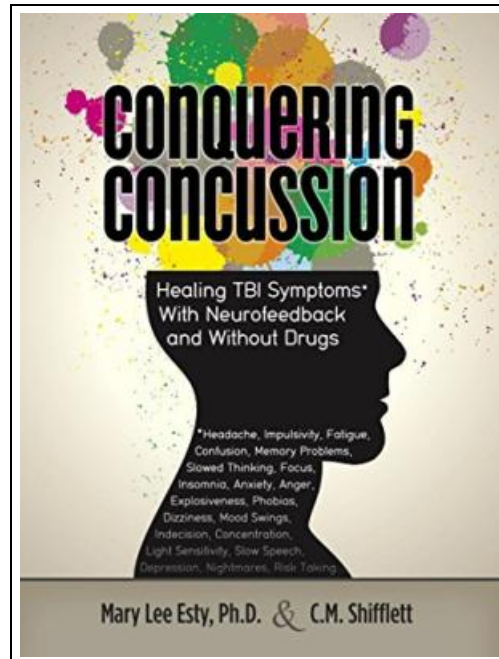


## Conquering Concussion



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### **Reviews**

*Definitely among the finest book We have at any time read. Better then never, though i am quite late in start reading this one. Your lifestyle period will likely be transform once you total reading this article book.*

*(Florence Batz IV)*

## CONQUERING CONCUSSION



Round Earth Publishing. Paperback. Condition: New. C. M. Shifflett (illustrator). 310 pages. Dimensions: 10.0in. x 7.5in. x 0.6in. This lively, well-researched, and hopeful book is an excellent primer for anyone dealing with TBI and its aftermath, from victims to caretakers. It is clearly written and illustrated for the average reader, but contains information that may be new to many healthcare professionals puzzled by odd and unresponsive symptoms. This book draws on 20 years of clinical experience and the realization that time alone does not heal the brain. These are real stories about real people struggling with effects of concussion: terrible fatigue, headache and physical pain, emotional swings, mental fog, insomnia, weight gain and balance problems. It shows how post-concussion symptoms overlap with other diagnoses such as ADHD and depression, and reveals the link with PTSD. It reviews appropriate therapies that can help with recovery. post-concussion symptoms overlap with other diagnoses such as ADHD and depression, and the link with PTSD. Topics include: Head injuries in history, from Henry VIII to Elvis Presley. What happens in concussion, the many symptoms that may appear, and problems with standard testing and treatments. The origins, supporting research, and results of neurofeedback. Detailed case histories of children, adults, and soldiers with memory problems, severe head pain, insomnia, ADHD and PTSD. Medical issues which may need attention before healing can occur. The rest of the story: What happened to TBI victims who never expected to work or function normally ever again. How they regained their skills, jobs, families and lives. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Perfect Paperback.



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