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# COACHING PLAIN SIMPLE: SOLUTION-FOCUSED BRIEF COACHING ESSENTIALS



W. W. Norton & Company. Paperback. Book Condition: New. Paperback. 128 pages. Dimensions:  $7.8 \text{in.} \times 5.3 \text{in.} \times 0.5 \text{in.} \text{An easy-to-read}$ , pocket-sized primer on brief coaching basics. This is a highly practical and condensed introduction to solution-focused coaching, offering a simple and clear structure for coaching sessions that is easy to learn. Content is illuminated through exemplary dialogues from real coaching sessions and bullet-point toolboxes for greater variety of choice. Narrative explanations create a helpful framework for understanding the general idea of...

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- · Authored by Peter Szab
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