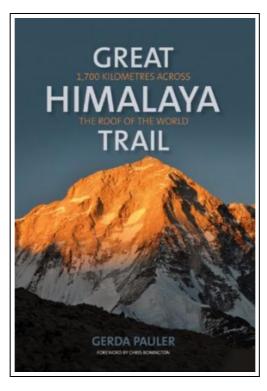
# Great Himalaya Trail: 1,700 kilometres across the roof of the world (Paperback)



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## Reviews

A must buy book if you need to adding benefit. This is for anyone who statte that there had not been a well worth reading through. Its been designed in an exceptionally straightforward way which is simply right after i finished reading this book where basically changed me, change the way i think.

(Adrien Robel)

## GREAT HIMALAYA TRAIL: 1,700 KILOMETRES ACROSS THE ROOF OF THE WORLD (PAPERBACK)



Baton Wicks Publications, United Kingdom, 2013. Paperback. Condition: New. Language: English. Brand New Book. The Great Himalaya Trail is one of the longest and highest trails in the world. It is a trail that winds for 1,700 kilometres through Nepal - across the roof of the world , over icecovered passes, crossing high-mountain deserts and through some of the most remote areas on earth. This path is perhaps the ultimate walk. In 2012, Himalaya veteran Gerda Pauler set out to walk the length of the trail to raise awareness of autism in Nepal. Travelling across the country with open eyes and ears, ascending high passes, visiting isolated villages and drinking tea with the locals allowed her to see and hear things many of us might never hear, never experience - and never know. Beautifully written like many great travel books and with a foreword by Sir Chris Bonington, this is so much more than a travel diary - it is a collection of stories from the very heart of Nepal and its people. From Tibetan tea and local beer to corrupt politicians and child marriage; cold nights and monsoon rain to incredible views and searing heat; and from angry yaks and giant spiders to Mr Bean and Jack Nicholson -.



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