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(Kristy Hermann)

HAPKIDO: YELLOW BELT REQUIREMENTS



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Createspace Independent Publishing Platform, United States, 2013. Paperback. Book Condition: New. 274 x 213 mm. Language: English . Brand New Book ***** Print on Demand *****.HAPKIDO MANUALS ----- An invaluable series of study-guides summarizing all Hapkido belt ranks, from novice to master-level. Concise, affordable, easy to use. ---- VOLUME 1 of 9-This manual is part of a series of manuals summarizing promotion requirements and techniques for specific Hapkido color-belt and black-belt ranks. These manuals are intended to be used as a quick reference for techniques already learned; as a study guide for test preparation; and as an aid to serious, long-term training. These manuals are not stand-alone texts, but should be used along with Marc Tedeschi s 1136-page Hapkido book. Students new to Hapkido may wish to first obtain Mr. Tedeschi s 128-page Hapkido book, which contains a concise overview of Hapkido s history, philosophy, and techniques, along with fundamentals. Collectively, these groundbreaking books and manuals constitute a comprehensive curriculum encompassing all ranks, from novice to master. This volume includes: 143 bw photographs 40 techniques Color-coded to indicate rank-level of skills Concise captions and notes View samples online at.



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