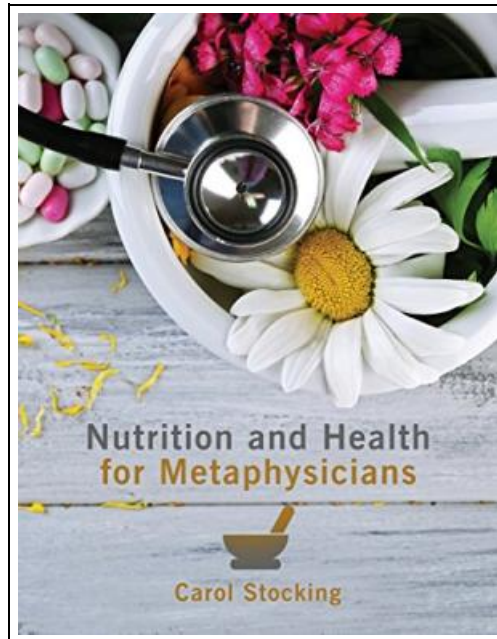


Nutrition and Health for Metaphysicians (Paperback)



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NUTRITION AND HEALTH FOR METAPHYSICIANS (PAPERBACK)



Dorrance Publishing Co., United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. For sixteen years Carol Stocking experienced many health problems, some so severe as to threaten her life. When conventional medicine provided no relief she began studying nutrition and learned how food could provide health and an active spiritual life could provide healing. Encouraged, Stocking wrote Nutrition and Health for Metaphysicians to share her knowledge with all. Every physical part of the body is addressed; including the immune system, the cardiovascular system, the digestive track, and the brain. With nutrition as the base, Stocking provides clear tactics for treatment and healing. Detailed charts provide the reader a clear way to check on symptoms and determine a strategy. Stocking provides the science behind all recommendations and encouragement for the reader to take that important first step on the road to healing. P> Stocking does not reject all modern medicine - instead she encourages all readers to educate themselves and learn what works best for their unique body and soul. Just as important as our physical health is our spiritual health. By practicing forgiveness and living with positive energy, we can learn to live a whole life. Nutrition and Health for Metaphysicians is a clear, practical, and inspiring book on physical and spiritual health. About the Author Carol Stocking works as a physical, emotional, and spiritual healer. She has a Bachelor of Science in Nutritional Science and has spent time in Kenya working with HIV patients. Stocking is a nutritionist, a Reiki master, and a psychic. She serves her church loyally with all of her gifts. Stocking can be reached at.



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