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By Jo Wiltshire

Viva Books Private Limited, 2010. Softcover. Book Condition: New. Description: Are you a perfect parent? A yummy mummy or a delicious dad? Or are there days when you feel more like a stale, worn out shell, struggling to do the best for your child? Feed them 5-a-day, play games with them, keep their minds stimulated, bath them, read to them, wash their clothes, and still have a life of your own. Luckily, it's perfectly possible to be a brilliant parent without being a perfect one. You just need to know all the sneaky tips, tricks and strategies that Jo Wiltshire has collected from loads of real parents. Parents who care more whether the kids are happy than whether their clothes are clean. That way you'll be able to give your child everything they need without draining yourself dry in the process. You'll find countless clever shortcuts and real life tricks in here to help look after your baby, toddler or pre-schooler: ? mealtimes ? getting dressed ? manners ? potty training ? socialising ? messiness ? sibling rivalry ? minor illnesses ? grandparents ? holidays ? cleanliness ? baby equipment If you want a fast track to a happy family,...

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