



## Late, Lost and Unprepared: A Parents' Guide to Helping Children with Executive Functioning

By Joyce Cooper-Kahn, Laurie Dietzel

Woodbine House Inc., U.S. Paperback. Book Condition: new. BRAND NEW, Late, Lost and Unprepared: A Parents' Guide to Helping Children with Executive Functioning, Joyce Cooper-Kahn, Laurie Dietzel, Executive functions are the cognitive skills that help us manage our lives and be successful. Children with weak executive skills, despite their best intentions, often do their homework but forget to turn it in, wait until the last minute to start a project, lose things, or have a room that looks like a dump! The good news is that parents can do a lot to support and train their children to manage these frustrating and stressful weaknesses. This is a must-have book for parents of children from primary school through high school who struggle with: Impulse Control (taking turns, interrupting others, running off); Cognitive Flexibility (adapting to new situations, transitions, handling frustrations); Initiation (starting homework, chores, and major projects); Working Memory (following directions, note-taking, reading and retaining info); Planning & Organising (completing and turning in homework, juggling schedules); Self-monitoring (making careless errors, staying on topic, getting into trouble but not understanding why). Written by clinical psychologists, this book emphasises the need for a two-pronged approach to intervention: 1) helping the child to manage demands...



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