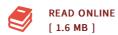




## Adult Coloring Book: Stress Relieving Coloring Book: Yoga Happiness Designs (Doodle Art Handbook)

By Ms. Lana Karr

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 54 pages. Dimensions: 10.0in. x 8.0in. x 0.1in.Life is meant to be lived out loud. What better way to do that than by exploring the wonderful world of art Through color and motion, we get to explore all the mysteries, dazzling sights, and magical landscapes, but this book takes it one step furtherinviting children to explore their senses and their individual ideas. With each stroke of the brush, they get to create new worlds, in their own visions, with theirunique insight. With this beautifully illustrated blank slate, children are given the opportunity to experiment with color, shapes, lines, and hues and create whatever it is they want. They can go wherever their mind takes them. This their creative journey. They can color with reckless abandon. Delve deep into the essence of who they are and take notice of a side of themselves they might never have believed existed. From the vibrant primary colors to secondary and tertiary colors, theyll soon come to know the nuances of their choices and what they mean to them on a deeper level. Zendoodle, zentangle, pattern coloring tap into another part of...



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