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Counting the Days While My Mind Slips Away: A Story of Perseverance and Hope (Paperback)

By Ben Utecht

Howard Books, 2017. Paperback. Condition: New. Reprint. Language: English . Brand New Book. After five major concussions, NFL tight-end Ben Utecht of the Indianapolis Colts and Cincinnati Bengals is losing his memories. This is his powerful and emotional love letter to his wife and daughters--whom he someday may not recognize--and an inspiring message for all to live every moment fully. Ben Utecht has accumulated a vast treasure of memories: tossing a football in the yard with his father, meeting his wife, with whom he d build a loving partnership and bring four beautiful daughters into the world, writing and performing music, catching touchdown passes from quarterback Peyton Manning, and playing a Super Bowl Championship watched by ninety-three million people. But the game he has built his living on, the game he fell in love with as a child, is taking its toll in a devastating way. After at least five major concussions--and an untold number of micro-concussions--Ben suffered multiple mild traumatic brain injuries that have erased important memories. Knowing that his wife and daughters could someday be beyond his reach and desperate for them to understand how much he loves them, he recorded his memories for them to hold on...



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